



2012 RATES AND POLICIES

Lussier Fitness Center

in the Goodman Community Center

Hours	Monday through Friday	6:00 am-9:00 pm
	Saturday	8:30 am-6:00 pm
	Sundays	8:30 am-6:00 pm

Drop-in \$3.50 per use

Convenience Cards

26-use pass	\$81.25	[\$3.13 per use]
10-use pass	\$32.50	[\$3.50 per use]

Adult Memberships, 17 and older

Annual	\$225	[\$1.44 per use if you come 3x per week]
Six-month	\$150	[\$1.92 per use if you come 3x per week]

Older Adult Memberships, 60 and older

Annual	\$175
Six-Month	\$100

The fitness center is open to anyone in our community 17 and older.

Exceptions: 1) High school students enrolled in the VIP program here at the Center will be using the fitness center, with supervision. 2) Center staff will also occasionally schedule and supervise small groups of youth under age 17 who are enrolled in Center programs.

What to bring from home

- » **Headphones** if you want to listen to the TVs at elliptical and treadmill machines.
- » **Clean shoes** are ***required*** to keep our equipment clean and working well.
- » **Towel** and toiletries if you plan to use the Fitness Center showers.

Equipment

The Lussier Fitness Center features 5 treadmills, 6 elliptical machines, a full circuit of individual weight training machines, 3 stationary bikes, a handicapped accessible trainer machine, stretching machine, stretching mat, and small weights.

TVs are at each elliptical and treadmill. **Bring your own headphones.**

Showers The Fitness Center also features two handicapped accessible showers. **Bring your own towels and supplies.**

*The Lussier
Fitness Center
is made possible
by a gift from
Jack Lussier.*