

FOOD PANTRIES that do NOT require a referral. You may walk-in.

* Phone 246-4357 or 211 -- UNITED WAY 211 -- for information on other food pantries that DO require a referral.

Downtown

Grace Episcopal Church 255-5147 (ext. 18)

116 West Washington Avenue

Tuesday, Wednesday, Thursday 1 – 3 p.m.

Saturday 10 a.m. – 12 p.m.

- Must bring current identification for all family members (driver's license, MA card, WIC ID, birth certificate)
- Visits limited to 2 times per month
- May have diapers and infant formula

East

Goodman Community Center 241-1574

149 Waubesa Street

Thursdays 12:30 – 3 p.m.

- Must bring current identification for all family members (driver's license, MA card, WIC ID, birth certificate)
- Must bring proof of address
- Visits limited to once per week

East Madison Community Center 249-0861

8 Straubel Court

4th Tuesday of the month 12 – 3 p.m.

- Must live in 53704 or 53714 ZIP code areas
- First come first served
- Must bring current identification for the person picking up the food (driver's license, MA card, WIC ID, birth certificate)
- Infant formula and diapers available occasionally

Salvation Army 256-2321

3030 Darbo Drive

Monday, Tuesday, Wednesday, Thursday 10 a.m.
Open for first 25 families or until close at 2 p.m.

- Must bring current identification for all family members (driver's license, MA card, WIC ID, birth certificate)
- Visits limited to once every 30 days
- Infant formula and diapers usually available
- Has workers who speak both Spanish and Hmong

Wil-Mar Neighborhood Center 257-4576

953 Jenifer Street

Wednesday 1 – 3 p.m.

- Must live in 53703 or 53704 ZIP Code area
- Must bring current identification for all family members. (driver's license, MA card, WIC ID, birth certificate) Visits limited to once every 30 days

North

The River Food Pantry 442-8815

2201 Darwin Road

Tuesday 12 – 1:30 p.m. and 5 – 6:30 p.m.

Friday 5 – 7 p.m. Registration

6 - 8 p.m. Pantry opens and meal available

- May have clothing available

South

Catholic Multicultural Center/ Centro Guadalupe

1862 Beld Street 255-8471

Tuesday and Friday 2:30 – 4:30 p.m.

- Must fill out application the first time
- Spanish speaking staff and volunteers available

Centro Hispano 255-3018

810 West Badger Road

Wednesday 1:30 – 4:30 p.m.

- Identification is not required except for Federal commodities
- Visit as often as needed.
- Infant formula and diapers sometimes available
- Has workers who speak Spanish
- Emergency packages available

Neighborhood House 255-5337

29 S. Mills Street

Monday and Thursday 12 – 3 p.m.

- Limit 2 times per month; no identification required
- ID required for Federal Commodities
- No diapers

St. Mark's Lutheran Church 256-8463

605 Spruce Street

Tuesday 10 a.m. to 12 p.m.

Thursday 5:45 p.m. to 7:45 p.m.

- Must bring current identification for all family members. (driver's license, MA card, WIC ID, birth certificate); visits limited to once every 30 days
- Infant formula and diapers, if available

St. Vincent de Paul 257-0919

1309 Culmen St (off Fish Hatchery)

Monday, Tuesday and Friday 11 a.m. – 3 p.m.

Thursday 3 – 7 p.m.

Saturday 10 a.m. till 12 p.m.

- Must bring current identification for all family members (driver's license, MA card, WIC ID, birth certificate)
- Visits limited to once every 30 days
- Please arrive no later than 15 minutes before closing.

West

Allied Food Pantry 204-9722

4705 Jenewein Road

Wednesday 10 a.m. – 12 p.m.; 6-7:30 p.m.

- Must live in 53711 and 53719 ZIP Code area
- Must bring ID for all family members
- Visits limited to once every 28 days

Good Shepherd Lutheran Church 271-6633

5701 Raymond Road

Thursday 10 a.m. – 12 p.m.; 5:30 – 7 p.m.

- Must live in 53711 and 53719 ZIP Code area
- Must bring ID for all family members
- Visits limited to once every 28 days

MOM's Distribution Center 836-7338

Middleton Outreach Ministry

8710-2 Montclair Dr, Middleton

Monday and Thursday 10 a.m. – 2 p.m.

Friday and Saturday 10 a.m. – 12 p.m.

- On first visit, go to 7432 Hubbard to register and get directions to pantry. Registration office is open on Monday - Friday from 9 a.m. - 4:30 p.m.
- Need photo I.D.
- Need proof of address (mail)
- Visits limited to once every 30 days
- May have formula, diapers, clothing
- Must live west of Midvale Blvd and north of Beltline OR in Middleton-Cross Plains School Dist.

Wexford Ridge Neighborhood Center 833-4979

7011 Flower Lane Apt A and C

Wednesday 7-8 p.m.; Saturday 12 – 1 p.m.

CLOSED first Wednesday and Saturday each month.

- Fill out intake form before receiving food
- Must bring current ID for person picking up food
- Visits limited to eight times per year

M

Madison

F

Food

R

Resource

G

Guide

Great Nutrition for every age!

ELDERLY NUTRITION 266-9007

Nine meal sites in Madison open to all people 60 years of age or older. Phone the Senior Hotline (266-9007) for the nearest location and schedules. Meals delivered to those who are home bound. Donations appreciated.

FOOD SHARE (Food Stamp) PROGRAM 242-7441

Monday thru Friday 7:45 am-4:30 pm.
Purchase food at grocery stores with a plastic "Wisconsin Quest" debit card. Monthly benefit amounts are based on household size, income, assets and other factors. To apply, phone Dane County Connections, 242-7441

MEALS ON WHEELS 276-7598

Noon meal delivered by volunteers to anyone who is homebound. No age requirement. Meal delivered every day of the week and every week of the year. Minimal cost. Financial assistance available.

SCHOOL FOOD SERVICE 204-4001

Free and reduced priced breakfast and lunch. Contact your child's school or the Madison School District office (phone: 204-4001) for application and more information. Also, for information about the **SUMMER NUTRITION PROGRAM.**

WOMEN, INFANTS, AND CHILDREN NUTRITION PROGRAM (WIC) 267-1111

WIC provides free checks to buy food at the store, and nutrition information to help keep mothers and children healthy and strong. Many working families qualify for WIC.

Phone to apply for WIC if:

- you are Pregnant
- your pregnancy has ended recently
- you have a child less than 5 years old

UNITED WAY 211 (formerly FIRST CALL FOR HELP)

PHONE 246-4357 or 211

Open every day, 24 hours each day.

Get information on how to access over 40 food pantries in Dane County that require a referral.

Also receive information about many other services available in the Madison area.

Website: www.uwdc.org

SALVATION ARMY 256-2321

630 East Washington Avenue
Food and Shelter Emergency Aid

SHARE FOODS 1-800-548-2124

Meats, fruit, vegetables and dry staples (worth \$35-\$40) for - \$18.00. Various plans available. Accept cash, check WI Quest Card (Food Stamps). Volunteer time no longer required for participation. There are several sites throughout the county. Call for the location nearest you.



FREE Meals

No requirements; No identification needed;
Singles and Families Welcome!

Downtown

Rescue Mission 241-1522

2540 East Mifflin Street
Sandwiches, Coffee, Kool-Aid
Tuesday, Thursday, Friday, Saturday:
9 a.m. – 1 p.m.
Meal
Sunday:
9:00 a.m. – 12:30 p.m.

East

Wil-Mar Center 257-4576

953 Jenifer Street
Saturdays:
11:30 a.m. – 12:30 p.m.

The Community Meal Program

Luke House 256-6325

310 South Ingersoll Street
Monday, Tuesday, Wednesday, Thursday
11:30 – 12:30pm

Sunday, Monday, Tuesday, Wednesday, Thursday
5:45 – 6:30 p.m.

Goodman Community Center 241-1574

149 Waubesa Street
Friday
Noon – 1 p.m.

South

St. Mark's Lutheran Church 256-8463

605 Spruce Street
Friday
Noon – 1 p.m.

St. Martin House 255-1287

1862 Beld Street
Monday, Wednesday, and Friday: 4:00 – 5:00 p.m.
Last Tuesday & Thursday of month: 4:00 – 5:00 p.m.
Parish Nurse available for medical/health questions and referrals.

Community Gardens

You can rent (sliding fee scale) garden plots from Community Action Coalition to grow your own vegetables during the growing season.

Phone **246-4730, extension 212** for information about Community Gardens. www.cacscw.org

Partner Shares

PO Box 7814
Madison WI 53707

Community Supported Agriculture farms grow vegetables to sell to households. Low-income and special needs households receiving vegetables may pay at subsidized rates for their share and/or in monthly installments. May also pay with WI Quest card. Weekly or bi-weekly pickups available.

Phone **226-0300** for information. www.macsac.org