



**Goodman**  
Community Center

214 Waubesa St.  
Madison, WI 53704

**We strengthen lives  
and secure futures.**

*With your help!*

*Irwin A. and Robert D. Goodman Community Center, Inc.*

## Thank you for being a Hunger SUPER Hero!

If you'd like, here are some ideas for text to share with your social networks. By all means, you can use as much or as little of this language as you'd like.

### Sample Posts:

1. I just donated to the Goodman Community Center's #HungerSuperHeroes campaign to provide families with everything they need to start the new school year. You can be a part of this great cause too. Donate here: <https://www.goodmancenter.org/donate>
2. I'm collecting donations for the Goodman Community Center's #HungerSuperHeroes campaign. If you'd like to contribute, shop from the lists below and drop off at my house by Friday, July 31. PM me for the address.
3. The Goodman Community Center is collecting donations to make sure families have everything they need to start the new school year. I just donated, and I challenge all of my friends to chip in to this worthy cause! You can donate online here: <https://www.goodmancenter.org/donate>

The Center is also collecting donations of food, school supplies and personal care items on Saturday and Sunday, August 1st and 2nd. No-contact drop-off is happening from 9am to 1pm both days.

Let's all make sure our neighbors have the necessities they need! #HungerSuperHeroes

### Images:

Visit [goodmancenter.org/hunger](http://goodmancenter.org/hunger). On the page, right click on each image and select "Save image as." Save the images on your computer and then share to your social profiles.



## SUPER Hunger Heroes Shopping Lists

### Back to School

- Backpacks
- Lunch boxes
- Disinfecting wipes
- Tissues
- Pocket folders
- Binders
- Spiral notebooks
- Loose leaf paper
- 3x5 notecards
- Sticky notes
- Scissors
- Pencils
- Erasers
- Highlighters
- Dry erase markers
- Pens
- Colored pencils
- Markers – thin & wide
- Glue sticks & glue

### Food

- Nondairy milk (soy, almond, oat, etc.)
- Cereal
- Oatmeal
- Jelly, jam
- Convenience meals: mac & cheese, tuna or hamburger helper
- Canned protein: tuna, chicken, salmon
- Healthy snacks: dried fruit, nuts, granola bars, veggie chips, trail mix
- Baby formula
- Dry pet food

### Personal Care

- Diapers (all sizes)
- Baby wipes
- Shampoo
- Body wash
- Hand Soap
- Lotion
- Toothbrushes
- Toothpaste
- Deodorant
- Feminine products
- Shaving supplies
- Laundry detergent
- Dryer sheets
- All purpose cleaner
- Disinfectant spray
- Sponges
- Paper towels
- Toilet paper
- Dish soap



Make a gift online at [goodmancenter.org/donate](https://www.goodmancenter.org/donate)